

April Lifestyle Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ♣ 9:30 Barefoot and Breath † 10:00 Stretch and Balance 🏠 10:30 Sit, Stand, Repeat! 🏠 11:00 Graceful Aging Talk 🏠 1:00 Calendar Talk ♣ 3:00 Wii Games (R) † 5:00 Strength and Stability ♣ 6:30 Wine Down Wednesday	2 🏠 9:15 Coffee w/ Candace † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Brain Booster Games 🏠 2:00 New Resident Orientation 🏠 4:00-5:00 Happy Hour 🏠 6:00 Bingo Club (R)	3 † 9:00 Power Flow w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! † 2:00 Dance Class w/ Lorie 🏠 3:00 Easter Tea Party 📺 7:00 Clean Comedy Night - Nate Bargatze	4 † 10:00 Walking Club (R) 🏠 2:00 Cards and Game Time (R) 🏠 3:00 Bocce Ball (R)
5 ♣ 9:00 Sunday School (R) ♣ 10:30 Worship Service (R) 🏠 2:00 Open Art Studio (R) † 3:00 Walking Club (R) 📺 5:00 Movie Club (R)- A Walk To Remember	6 † 9:00 Yoga w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! 🏠 2:00 Mahjong (R) ♣ 3:00 Dirty Soda Bar 📺 5:00 Movie Club (R)- The Madison Episode 1 ♣ 6:00 Line Dancing (R)	7 🏠 9:30 April Birthday Breakfast † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Mexican Train (R) 🏠 3:00 Beginner Mahjong (R) 🏠 4:30 Resident Sing Along (R) 📺 5:00 Documentary: To Dye For † 5:30 Seated Fitness w/Beth (R)	8 ♣ 9:30 Barefoot and Breath † 10:00 Stretch and Balance 🏠 10:30 Sit, Stand, Repeat! 🏠 11:30 L & L -Maximizing SS and other Benefits (BCA) ♣ 1:00 Veterans' Group (R) ♣ 3:00 Wii Games (R) † 5:00 Strength and Stability	9 🏠 9:15 Coffee w/ Candace † 10:30 Pilates (level 2) † 11:00 Power in Motion 🏠 11:00-12:30 Private Event ♣ 1:00 Brain Booster Games 🏠 2:00 Garden Club Mtg (R) 🏠 4:00-5:00 Masters Happy Hour 🏠 6:00 Bingo Club (R)	10 † 9:00 Power Flow w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 📺 10:45 Brunch Bunch Outing(R) 🏠 1:00 Sit, Stand, Repeat! † 2:00 Dance Class w/ Lorie 🏠 3:00 String Art w/ Nilda (R) 🏠 5:30 Progressive Affair (R) 🍷 6:00 Firepit Social (R)	11 📺 Festa Italiana Outing @ Sloss Furnace -tickets available online † 10:00 Walking Club (R) 🏠 2:00 Cards and Game Time (R) 🏠 3:00 Bocce Ball (R)
12 📺 Hiking Club Outing (R)- departure time and destination TBD ♣ 9:00 Sunday School (R) ♣ 10:30 Worship Service (R) 🏠 2:00 Open Art Studio (R) † 3:00 Walking Club (R) 📺 5:00 Movie Club (R)- Oceans 12	13 † 9:00 Yoga w/ Michelle † 10:00 Forever Strong 🏠 10:00 HS Spring Concert † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! 🏠 2:00 Mahjong (R) 🏠 4:00 Fresh Milled Flour Cookies 📺 5:00 Movie Club(R)-Madison 2 ♣ 7:00 Just Dance (R)	14 🏠 9:00-10:00 Sip and Socialize † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Mexican Train (R) 🏠 3:00 Beginner Mahjong (R) 🍷 4:00 Ready, Aim, Fun! 📺 5:00 Documentary: Fight to Rescue American Healthcare † 5:30 Seated Fitness w/Beth (R)	15 📺 8:00-10:00 Paws and Pastries w/ TC Veterinary + Pet Wellness ♣ 9:30 Barefoot and Breath † 10:00 Stretch and Balance 🏠 10:30 Sit, Stand, Repeat! 🏠 11:30 Tap Ins Walk Over (R) ♣ 3:00 Wii Games (R) † 5:00 Strength and Stability	16 🏠 9:15 Coffee w/ Candace † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Brain Booster Games 🏠 2:00 How to Use Your Phone to Take Amazing Pictures (R) 🏠 3:30 Signature Sips w/ Ashley 🏠 4:00-5:00 Happy Hour 🏠 6:00 Bingo Club (R)	17 † 9:00 Power Flow w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! † 2:00 Dance Class w/ Lorie 🏠 2:00 Cards with Candace ♣ 3:00 Welcome Wagon Club (R) 🍷 6:00 Firepit Social (R)	18 † 10:00 Walking Club (R) 🏠 2:00 Cards and Game Time (R) 🏠 3:00 Bocce Ball (R)
19 ♣ 9:00 Sunday School (R) ♣ 10:30 Worship Service (R) 🏠 2:00 Open Art Studio (R) ♣ 3:00 Small Group Widow's Club (R) 📺 5:00 Movie Club (R)- Patriot Games	20 † 9:00 Yoga w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! 🏠 2:00 Mahjong (R) 📺 3:00 Monthly Grief Support(R) 📺 5:00 Movie (R)- Madison Ep 3 ♣ 6:00 Wii Games (R)	21 📺 9:00-10:00 Sip and Socialize † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Mexican Train (R) 🏠 3:00 Beginner Mahjong (R) 🏠 4:30 Resident Sing Along (R) 📺 5:30 D & D -Maximizing SS and other Benefits (BCA) † 5:30 Seated Fitness w/Beth (R)	22 ♣ 9:30 Barefoot and Breath † 10:00 Stretch and Balance 🏠 10:30 Sit, Stand, Repeat! 🏠 1:00 Pressed Flower Epoxy Coasters Craft 📺 2:00 Resident Refresh ♣ 3:00 Wii Games (R) † 5:00 Strength and Stability	23 🏠 9:15 Coffee w/ Candace † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Brain Booster Games 🏠 2:00 Single and Social Club (R) 🏠 4:00-5:00 Happy Hour 🏠 6:00 Bingo Club (R)	24 † 9:00 Power Flow w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 📺 11:30 Ladies Who Lunch (R) 🏠 1:00 Sit, Stand, Repeat! † 2:00 Dance Class w/ Lorie 📺 7:00 Movie Night: The Big Wedding (R)	25 † 10:00 Walking Club (R) 🏠 2:00 Cards and Game Time (R) 🏠 3:00 Bocce Ball (R)
26 ♣ 9:00 Sunday School (R) ♣ 10:30 Worship Service (R) 🏠 2:00 Open Art Studio (R) † 3:00 Walking Club (R) 📺 5:00 Movie Club (R)- Pirates of the Carribean	27 † 9:00 Yoga w/ Michelle † 10:00 Forever Strong † 10:30 Stretch and Balance 🏠 1:00 Sit, Stand, Repeat! 🏠 2:00 Mahjong (R) 📺 5:00 Movie Club (R)-The Madison Ep 4 ♣ 7:00 Just Dance	28 🏠 9:00-10:00 Sip and Socialize † 10:30 Pilates(level 2) † 11:00 Power in Motion ♣ 1:00 Mexican Train (R) † 5:30 Seated Fitness w/Beth (R) 🍷 7:30 Outdoor Movie Night: American Graffiti	29 ♣ 9:30 Barefoot and Breath † 10:00 Stretch and Balance 🏠 10:30 Sit, Stand, Repeat! ♣ 2:00 Left, Center, Right (R) ♣ 3:00 Wii Games (R) 🏠 5:00 Grab & Go: 9-5 Crew † 5:00 Strength and Stability	30 🏠 9:15 Coffee w/ Candace † 10:30 Pilates (level 2) † 11:00 Power in Motion ♣ 1:00 Brain Booster Games 🏠 2:00 Drawing Class w/ Holly (R) 🏠 4:00-5:00 Happy Hour 🏠 6:00 Bingo Club (R)		

LEGEND



- Please note a level 2 exercise class would include floor work
- (R) means resident run
- Daily Devotional Group (R) 11:00 every day except Sunday in the Gentry

A Friendly Reminder About the Club Room

To help keep our club room clean, welcoming, and ready for everyone to enjoy, please remember that the refrigerator in the club room is intended for temporary use only during events and gatherings. It should not be used for long-term storage of personal food or drinks. After your event, please take all items with you so the refrigerator stays available for the next group.

We also ask that coffee cups (or dishes) not be left in the back area to be washed, please wash them and return to their home.

As always, please clean up after yourself before leaving the room. This includes returning chairs and tables to their proper places, wiping down surfaces if needed, and making sure the space looks neat for the next resident to enjoy.

A little extra attention from everyone helps keep our shared spaces pleasant and ready for all. Thank you for doing your part!

As our community continues to grow, RSVPs are more important than ever. All events serving food or drinks will require a reservation. Please remember to RSVP as soon as you can so we can plan for the appropriate numbers—we truly appreciate it!

Happy Birthday

April 3 - William M.

April 9 - Brian S.

April 10 - Beth B.

April 14 - Felecia L.

April 15 - Lucy W.

April 17 - Bruce T.

April 19 - Patricia N.

Welcome New Staff

Please join us in giving a warm welcome to our newest team members, Julie, a new addition to the Sales Team, and Cordell, who has joined our Maintenance Team! We are excited to have them as part of our community and know they will each bring great energy, support, and service to our residents. Be sure to say hello and welcome them when you see them around the community.

Shuffleboard Table

You may notice a fine sand-like material on the shuffleboard table in the Gentry. This is intentionally used to help the pucks glide smoothly and improve play. Please do not wipe it off, as it is part of the table's normal use. Thank you for helping keep it in great condition!

APRIL 2026

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COMMUNITY NEWSLETTER

New Happenings This Month

There are many exciting new opportunities happening this month. One event we are especially excited about is our Tap Ins Walk Over, where residents will head next door to enjoy Tap Ins. The owner has graciously offered to open the bowling lanes so residents can give bowling a try in a relaxed and fun setting. Residents are also welcome to purchase from their selection of small plates and bar bites if interested.

We are also pleased to introduce resident-led art and photography classes, giving neighbors the chance to share their talents, learn something new, and enjoy creative time together.

For pet lovers, our Paws and Pastries event will welcome a mobile veterinary clinic for a friendly visit with residents and their furry companions.

They will be available to meet everyone and offer a special treat for pets.

Game lovers have plenty to enjoy this month as well, with regular opportunities to play Mahjong, Left Right Center, Cards w/ Candace, Mexican Train, and Bocce Ball.

Seasonal fun is also on the calendar with an Easter Tea Party and a Masters-themed Happy Hour, bringing festive refreshments and social time together.

Music lovers can join in during our resident sing-alongs, always a great way to enjoy familiar songs and connect with neighbors.

And for those looking to stay active, we are adding two new evening exercise classes, giving residents more options to build strength, improve flexibility, and stay energized.

We hope everyone finds something new to enjoy this month and encourages friends and neighbors to join in!

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